



Course Schedule

Unit	Lesson	Title	Approximate Time
		Pre-learning Survey and Assessment	30 minutes
1		Communication and Interpersonal Skills	
1	1	Views, Plans and Values	45 minutes
1	2	The Influences Around Us	45 minutes
1	3	Communication and Self Esteem	45 minutes
1	4	Communication in Relationships	45 minutes
1	5	Relationships	45 minutes
2		Sexual Wellness	
2	Section 1	<i>Sexuality, Responsibilities of Sexual Activity and the Benefits of Abstinence</i>	
2	1	Reproductive Systems, Fertilization, Conception	45 minutes
2	2	Family Planning: Birth Control – Parts 1 and 2	90 minutes
2	3	Benefits of Abstinence	45 minutes
2	4	HIV and STIs	45 minutes
2	Section 2	<i>Human Reproduction and the Responsibilities of Pregnancy</i>	
2	5	Pregnancy and Prenatal Development	45 minutes
2	6	Alcohol and/or Drugs and Fetal Development	45 minutes
2	7	Birth Process	45 minutes
3		Impact of Unplanned Pregnancy	
3		<i>Responsibilities of Parenting: Infant Care and Costs</i>	
3	1	Care and Needs of an Infant – Introducing Baby	45 minutes
3	2	The Simulation Experience	45 minutes
3	3	The Reality Is...Impact of a Baby on Goals, Relationships, and Time	45 minutes
3	4	Cost of Baby	45 minutes
3	5	Summary, and Assessment	45 minutes